

Regina Brett

Regina Brett is the New York Times bestselling author of *God Never Blinks: 50 Lessons for Life's Little Detours*, which has been published in more than 22 languages.

She hosts the inspirational podcast *Little Detours with Regina Brett*.

She also wrote, *Be the Miracle: 50 Lessons for Making the Impossible Possible* and *God Is Always Hiring: 50 Lessons for Finding Fulfilling Work*. All three books are bestsellers in Poland, where she's a rock star.

She was a finalist twice for the Pulitzer Prize in Commentary. She now writes for the Cleveland Jewish News.

Surviving cancer inspired her to write the famous 50 life lessons that became a viral sensation. When Regina turned 50, she wrote a column on the 50 lessons life taught her. A life as an unwed mother at 21. A life as a single parent for 18 years. A life searching for love and finally finding it at 40. A life interrupted by breast cancer at age 41. A life that reflects the ups and downs, twists and turns and detours and difficulties we all face.

Readers love her lessons. They post them on their refrigerators. They carry them in their wallets. They tuck them in their purses. They email them all over the world.

Regina has a master's degree in religious studies and a bachelor's degree in journalism.

She has been a guest lecturer at John Carroll University, Case Western Reserve University, Cleveland State University, Kent State University and Ursuline College. She speaks regularly to hospitals, churches, businesses and not-for-profit organizations.

Regina is married and has a daughter, two stepsons and three grandchildren. She lives in Greater Cleveland.

CANCER SURVIVOR:

Regina was diagnosed with breast cancer in 1998. She underwent chemotherapy, radiation and had a double mastectomy. She helps those facing cancer feel less alone and celebrate their new life.

MEDIA APPEARANCES:

Regina has appeared on the Today Show on NBC, Oprah & Friends Radio and scores of local television news shows and radio programs. Today show host Hoda Kotb told AARP magazine that Regina's book is on her nightstand: "It's full of daily life lessons. She has just such great beautiful insights."

TEACHER:

Regina taught feature writing and news writing at the University of Akron. She has also been a guest lecturer at John Carroll University, Case Western Reserve University, Cleveland State University, Kent State University and Ursuline College.

WRITER:

Regina is the author of inspirational books and has been writing professionally since 1986, when she covered city hall for The Lorain Journal. At the Beacon Journal in Akron, Ohio she covered business news, social services, breaking news and wrote nearly 30 magazine stories for the paper's Sunday magazine. For 17 years, she wrote a column for Ohio's largest newspaper, The Plain Dealer. She currently writes for the Cleveland Jewish News.

INSPIRATIONAL SPEAKER:

Regina has given keynote presentations at hospitals, universities, churches, commencements, conferences, fundraisers, and annual meetings. She inspires audiences to take the next right step, magnify the good, make peace with their past, be the miracle and create a life they love out of the life they have.

AWARD WINNER:

Regina was one of three finalists for the Pulitzer Prize in commentary in both 2008 and 2009. She won two National Headliner Awards, one for columns about her experience with breast cancer; the other detailing her daughter's journey being BRCA1 positive.

Regina won the prestigious Batten Medal in 1999, awarded by Knight-Ridder for lifetime achievement. The award is given to those who embody understanding, fairness, courage and a deep concern for the underdog.

The American Bar Association awarded Regina the organization's Silver Gavel award for her columns on Open Discovery. Regina wrote numerous columns that changed the criminal law in Ohio so defense attorneys would have access to police reports and records to provide an adequate defense.

She also won a humor writing award from the National Society of Newspaper Columnists. She also received the Citizen of the Year award from the Ohio Library Council for columns supporting libraries.

In 2009, Regina was inducted into the Press Club of Cleveland's Journalism Hall of Fame. She is also a past president of the National Society of Newspaper Columnists.

GLOBAL REACH:

Her first book, *God Never Blinks*, was printed in 26 countries, including Sweden, France, Japan, Poland, Korea, Brazil, Lithuania, Portugal, Russia, Germany, China, the Czech Republic, Bulgaria, Thailand, Mexico, Indonesia and Latvia. She has done several book tours in Poland where her books are bestsellers.

EDUCATION:

Regina has a bachelor's degree in journalism from Kent State University and a master's degree in religious studies from John Carroll University.

PERSONAL:

Before her writing career, Regina worked as a waitress, emergency medical technician, alcoholism counselor, traffic court clerk and legal secretary. She is married and has a daughter, two stepsons and three grandchildren. She lives in Cleveland.

She offers weekly inspiration at www.reginabrett.com