

# **Faith-Based Discussion Guide for**

## **Be the Miracle: 50 Lessons for Making the Impossible Possible**

**By Regina Brett**

1. What is a miracle? Which ones do you believe in the most? Are there such things as miracles in your own life?
2. "Magnify the good." That lesson was inspired by Mary in the Bible, who said: "My soul doth magnify the Lord." What would it mean to have your soul truly magnify the Lord? What in your life would change?
3. In Lesson 3, Regina says that interruptions are divine assignments. Can't they also be major distractions? How do we know the difference?
4. In Lesson 13, Regina urges readers "to give birth to yourself." What does she mean by that?
5. Regina addresses giving in Lesson 17. Do you believe in tithing? How do you decide who to give to and how much to give? Regina talks about levels of giving, that one of the highest levels is when the giver and receiver are anonymous to each other. What is the highest level of giving to you?
6. Regina writes about a priest who gave away \$10,000 to his congregation. Each person took \$100 to better the world. What would you do with your \$100?
7. In Lesson 19, Regina writes, "Pray like you mean it." What does she mean by this? Is there right and wrong way to pray? Christ in the garden prayed, "Thy will be done" yet he also urged us to "ask and you will receive." How specific are we supposed to get in prayer?
8. Lesson 24 asks, "Are you weak enough to serve?" Sometimes God uses us for our weaknesses rather than our strengths. Why? What weakness do you think God is calling you to use? The Bible is full of weak people who were still chosen by God, like Moses, David and the apostles who doubted and betrayed Jesus. Which person in the Bible do you most relate to for their weakness?
9. In Lesson 26, Regina says the solution to every problem is more God. What is the solution for those who don't believe in God? Or those who struggle with God?
10. "Make your life a prayer." What does Regina mean by that? Which prayer would you use?

11. Regina writes in her chapter on abundance that she has a "wealthy God" who has nothing against money. Where does God stand on money?

12. What does Regina mean by "a poverty consciousness" and a "prosperity consciousness" in Lesson 30?

13. In Lesson 32, Regina says that God has ordained a special place for you that no one else can fill. What will it take for you to RSVP to God, to claim your place?

14. Regina says in Lesson 35 that no matter what happens, don't take it personally, take it spiritually. What does she mean by that?

15. Regina talks about everyday spirituality. She once read an article about 27 ways to live a spiritual life. Share five ordinary ways you live a spiritual life.

16. In Lesson 42, Regina shares her experience as an emergency medical technician where she learned to triage. In the Bible, Jesus said to seek first the Kingdom of God and his righteousness, and all else will be given to you. What do you do to put the God first in your life?

17. Lesson 43 says a saint is "someone who knows how much God loves them." What is your definition of a saint? Do you know any saints?

18. Silence the noise. Pause and make room for God. Regina compares quiet time with God to saving money, so when you need to make a withdrawal, it's there. What things do you do to invest in your relationship with God?

19. Does Lesson 48 conflict with lesson 24? One says, "God will not have his work made manifest by cowards," which is a quote from Ralph Waldo Emerson. The other one says, "God doesn't always call the strong. Sometimes you have to be weak enough to serve."

20. As a cancer survivor, Regina makes sure she uses every day to the fullest. She says we all have a shelf life. Would you live any differently if you knew that date?

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