

Discussion Guide for
God Is Always Hiring:
50 Lessons for Finding Fulfilling Work
By Regina Brett

1. Why do you think Regina chose the words, "God is Always Hiring," for the title of the book? Did the word "God" in the title make you comfortable or uncomfortable?
2. What is the difference between a job, a career and a mission? Which do you currently have?
3. Regina writes, "We're all gifted, but some people never open their package." What's in your package? What is keeping you from opening it?
4. How important is a job title? If you could create your own job title, what would it be?
5. Regina's worst job was picking up bodies for a funeral home. What is the worst job you ever had? What is the best thing you learned from it?
6. One lesson in the book states: "Most of the time, the only person in your way is you." How true is that in your life?
7. Regina advises, "Get rid of your biggest but." What is yours? What excuses are keeping you stuck?
8. Failure is something most of us want to avoid, yet Regina talks about the benefits of failure. One of her lessons is called "When you fail, fail forward." What did that mean to her husband, Bruce? What does that mean to her? What does that mean to you?
9. Regina writes, "When you change you, the job automatically changes." Do you agree with this? When is it time to change jobs and not just you?
10. Many of us are plagued by self doubt. Regina often writes about the struggles she has with her self-esteem, that she never felt enough as a writer, even when she was a Pulitzer Prize finalist twice. She says that no amount of applause, fame or awards can make you feel worthwhile. What did it take for her to feel enough? What does it take for you?

11. Lesson 23 says, "It's important to know both your superpower and your Kryptonite." Why do we need to know what our Kryptonite is? What is your kryptonite?
12. Regina talks about her father's work ethic. He was a blue-collar worker who survived the Great Depression. He worked hard so his 11 children would never know poverty. But he had no hobbies and took no vacations. How did your parents' work ethic shape your own work ethic?
13. If you looked at your calendar right now, how much joy is scheduled in it? Regina suggests we not only focus on our work ethic, but our "play ethic." What does she mean by that?
14. People often suggest writing out a five-year plan. Regina thinks those plans are highly overrated. Are they? How much happens by plan versus fate? Should we create vision boards or let life simply happen to us?
15. Music can uplift you or bring you down. If it's important to choose the right soundtrack to your life, what songs would you put on your playlist?
16. Lesson 39 talks about finding out what you need to feel empowered. Some people wear power ties, high heels, or drive a BMW. What outer things make you feel powerful? What makes you feel powerful from the inside out?
17. Cancer shaped Regina's life. She was diagnosed with breast cancer in 1998. After she lost her hair to chemotherapy, she helped create a wig salon. What difficult experience in your life have you turned into a gift for others?
18. Most employers urge us to worry about the competition. Regina says, "There is no competition." Do you agree with this? How much should we care about the success of others? Doesn't competition make you stronger?
19. If you want a life free of regrets, Regina suggests in Lesson 49 that you write your own obituary. If you wrote one based on how you are living your life today, what would the most important line say? If you wrote one based on how you *want* to live your life, what would the most important line read?
20. On her medicine cabinet, Regina keeps a quote by Apple founder Steve Jobs that reads, "If today were the last day of my life, would I want to do what I'm about to do today?" Cancer shaped her life to say yes. On most days, how would you answer that? What needs to change in your life so you can answer, "Yes!"

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